



# Bereavement Matters

St Albans & District Bereavement Network

## Volunteering Opportunity Summer 2017

### Reception & Helpline Volunteers

- Are you able to talk to a wide range of individuals looking for advice and bereavement support?
- Are you calm, resourceful and able to manage when things get busy?
- Do you have some administration/office experience and are able to use a PC for basic tasks?

### Availability

- If you can spare a few hours on a Wednesday morning or are available to provide support on an ad hoc basis another morning – please do get in touch.

### Skills and Qualifications

- Good listening skills
- Understanding, empathetic and non-judgemental
- Able to commit to volunteering on a regular basis
- Able to work flexibly and adaptably in responding to the needs our service-users and visitors

### About Us

Bereavement Matters is an independent local charity providing practical and emotional support to adults, families and young people living in the St Albans & Harpenden area for the past 15 years.

### More Information

Please contact Bereavement Matters

phone ~ **01727 841914** / email ~ [admin@sabn.org.uk](mailto:admin@sabn.org.uk)

*or pop in to the office for an application form or to find out more*